

HARNESSING TRADITIONAL, COMPLEMENTARY AND ALTERNATIVE MEDICINE IN NIGERIA.

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OUTLINE

- Introduction and Definitions
- Current state of affairs with regards to harnessing CAM
- Selected examples
- Commercial potentials of Herbal Medicine
- Our strength
- Challenges/Possible solutions
- Conclusion

Introduction.

Complimentary and Alternative Medicine (CAM) is a broad domain of healing resources that encompasses all health systems, modalities and practices.

- CAM may be regarded as unconventional therapy
- Widely applied in Nigeria

Some common examples of CAM

- Herbal therapy
- Acupuncture
- Bone setting
- Homeopathy
- Aromatherapy
- Hypnosis
- Hydrotherapy
- Yoga

Proposed reasons for Growth

- Marketing forces and availability of information
- Holistic
- Availability
- Low side effects
- Affordability
- Accessible

Some examples of important medicinal plants

Photograph of *Acalypha marginata*





MORMORDICA LEAF & FRUIT



Isodon axonochia (radix)



Mitracarpus scaber



Photograph of *Centropogon gracilissimus*



Photograph of *Cassia alata*



Acalypha wilkesiana : Cooperleaf



Phyllanthus amarus



Moringa oleifera



Photograph of *Wrightia*
pubescens



Medicago sativa



Tillandsia poddenrobs



Standardization

- Collection and preparation
- Research and methodology
- Formulations
- Clinical outcomes

HOW TO BEGIN

- Small scale
- Medium Scale
- Large scale

Small scale



Medium scale



Large Scale









Our Strength

- Requisite Foundation Training
- Cultural affinity
- Green vegetation/fertile soil

Possible challenges and Solutions

- Lack of funds (Partnership)
- Lack of Research materials (Collaboration)
- Government policies (Political weight)

Conclusion

- Growing peanuts sounds pretty boring, right? Not to George Washington Carver! He studied them, discovered hundreds of different uses for them, and became so famous he was invited to Washington DC to explain the secret of his success to a Congressional Committee.
- “Wisdom will enter your heart, and knowledge will be pleasant to your soul”
Proverbs 2: 10 NIV.

THANK YOU!!!!!!

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